

Job Description

Job Title:	Clinical Psychologist
Department:	Campus Wellness
Reports To:	Manager, Psychological Services
Jobs Reporting:	None
Salary Grade:	USG 13/14
Effective Date:	March 2020

Primary Purpose

Reporting to the Manager, Psychological Services, the Clinical Psychologist (CP) works within a multidisciplinary healthcare team consisting of other psychologists, counsellors, physicians, nurses, psychiatrists, health educator, allied health professionals, and other academic support personnel. The CP provides psychotherapy as well as psychodiagnostic and psychoeducational assessments.

Key Accountabilities

Psychotherapy

- The provision of psychotherapy interventions includes evaluation and diagnosis of cognitive, intellectual and neurodevelopmental conditions; mood and anxiety disorders; psychotic disorders; eating disorders; sleep disorders; sexual disorders; gender identity; substance and addiction-related disorders; adjustment disorders, personality disorders and others.
- Psychological intervention is provided for a full range of personal concerns, distresses, and objectives. Working from a short-term brief therapy model along with a behavioural health perspective, the expectation is that most clients can be assisted within a limited number of meetings.
- In conjunction with the growth in client demand, parents, community professionals, university personnel, and others are becoming increasingly involved in client matters. The CP must field these occasional, sometimes-delicate, interactions and ensure that a consistent approach be maintained that balances confidentiality with client welfare and community safety.
- The CP provides intervention services in both individual and group formats.

Psychodiagnostic and Psychoeducational Assessment

- The CP is responsible for the provision of psychological assessment services, which includes conducting a variety of psychological assessments; report writing; formulating diagnosis and treatment plans; providing feedback to clients and referral sources, and facilitating on and off campus referrals.
- The provision of psychological assessment services includes evaluation and diagnosis of cognitive, intellectual and neurodevelopmental conditions, mood and anxiety disorders, psychotic disorders, eating disorders, sleep disorders, sexual disorders, gender identity, substance and addiction-related disorders, adjustment disorders, personality disorders, and others.
- For psychoeducational assessments, the CP conducts screening assessments to determine whether further testing in the community is necessary as opposed to full comprehensive psychoeducational assessments, although there may be some infrequent opportunities to complete comprehensive psychoeducational assessments within the role.

Multi-Disciplinary Team Member

- As part of a multi-disciplinary team member, the CP attends interdisciplinary team meetings, department meetings, Campus Wellness meetings, and other meetings as requested or directed by their Manager in Counselling Services.

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- Meets regularly with the other staff in Counselling Services to discuss work distribution, waiting lists, client feedback, case management, and other pertinent issues.
- Provides consultation with other members of the client's treatment team including other psychologists, counsellors, psychiatrists, physicians, nurses, and other members of the interdisciplinary team.

Other Accountabilities

- The CP provides supervision in psychological assessment and intervention for psychology residents, psychologists on the College of Psychologists Temporary Register and others within the Service.
- The CP provides consultation for complex cases, particularly as it pertains to assessment and assisting referring clinicians engaged in treating clients.

Required Qualifications

Education

- PhD or PhD candidate eligible for registration as a clinical psychologist with the College of Psychologists of Ontario (adult population competency required; additional competencies with children and adolescent population an asset).
- Carries appropriate liability insurance as outlined by the College of Psychologists of Ontario.

Experience

- Scope of practice must include clinical work with adolescent and young adult populations
- Demonstrated experience conducting and interpreting psychodiagnostic and psychoeducational assessments.
- Proven experience in assessment, diagnosis, and treatment of clients with significant, often comorbid, psychological concerns including the spectrum of clinical depression, anxiety disorders, and personality disorders, etc.

Knowledge/Skills/Abilities

- Demonstrated skill and effectiveness in the application of a broad spectrum of psychological interventions/therapies, especially Cognitive Behaviour Therapy, Dialectical Behaviour Therapy, and expertise in behavioural health.
- Excellent interpersonal, communication (oral and written), and organizational skills. Demonstrated initiative and strong skills in problem-solving and decision-making.
- Proven ability to work effectively with a multi-disciplinary team.

Nature and Scope

- **Contacts:** Collaboration with AccessAbility Services, Athletics & Recreation, Centre for Career Action, Co-op Education, Health Services, Human Resources, Police Services, Registrar's Offices, Student Success Office.
- **Level of Responsibility:** This role is responsible and accountable to a Manager of Counselling Services in the development and execution of psychological services including psychotherapy and psychological assessment.
- **Decision-Making Authority:** The CP performs her/his duties conscientiously and responsibly, adheres to high personal standards of behaviour with students, colleagues, members of the University community, and clients of the University, and in a manner consistent with the ethics of her/his profession.
- **Physical and Sensory Demands:** Minimal demands typical of a clinical and administrative position operating within an office environment.
- **Working Environment:** The position is exposed to stress and pressure associated with clinical and administrative responsibilities. It involves moderate psychological risk resulting from difficult and unavoidable exposure to disagreeable and uncomfortable environmental and psychological conditions.

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The position involves the stresses associated with multiple and/or tight deadlines beyond one's control, and constant interruptions. The CP will work evening hours.